

1986 Region 5A Girls Championship at Litchfield on Saturday, May 31

Teams: Belgrade/Brooten 66, Sartell 43.5, Crosby-Ironton 43, Dassel-Cokato 30, Eden Valley-Watkins 30, Paynesville 28, Watertown-Mayer 27, Annandale 24, St Cloud Cathedral 24, Delano 21, Foley 16, Grey Eagle-Swanville 16, Breck 15, Rockford 15, Blake 12, Mora 11, Ogilvie 11, St. Michael-Albertville 10, Albany 9, Atwater/Grove City 6, Becker/Big Lake 6, Holdingford 6, Litchfield 6, Howard Lake-Waverly 4, Onamia 4, Minneapolis Lutheran 4, DeLaSalle 2, New London-Spicer 2, St John's Prep 2, Milaca 1, Regina 1, Royalton 0.5.

100

- 1 Sara Realdson, Payn 12.4 **
- 2 Gretchen Terhaar, B-B 12.6

200

- 1 Gretchen Terhaar, B-B 26.4
- 2 Sara Realdson, Payn 26.8

400

- 1 April Henry, Breck 59.2 *
- 2 Steph Swanson, Sart 60.0

800

- 1 Rachel Howk, D-C 2:21.2
- 2 Julie Swenson, C-I 2:21.2

1600

- 1 Michelle Marthaler, B-B 4:55.8 **
- 2 Julie Swenson, C-I 5:14.5

3200

- 1 Michelle Marthaler, B-B 11:03.3
- 2 Amy Kamsen, B-B 11:34.8
- 3
- 4
- 5 Jill Peterman, NL-S 12:26.1

100 Hurdles (33")

- 1 Lynn Frauendienst, C-I 15.1 **
- 2 Jeanne Gunnarson, D-C 15.7

300 Hurdles (30")

- 1 Jeanne Gunnarson, D-C 48.0 **
- 2 Deb Schultz, EV-W 48.4

4x100 Relay

- 1 Delano 51.3
- 2
- 3 Paynesville 51.6

4x200 Relay

- 1 Belgrade-B 1:48.3 (C Weller, M TeBrake, M Huffman, G Terhaar)

4x400 Relay

- 1 Belgrade-B 4:08.5 (C Weller, M TeBrake, A Kampsem, M Marthaler)
- 2 Foley 4:10.5

4x800 Relay

- 1 Eden Valley-W 9:57.0 (J Yungk, A Bauer, L Schlangen, D Loch)
- 2
- 3 Litchfield 10:14.9

Shot Put

- 1 Missy Thieschafer, GE-S 35-6
- 2 Kara Hopke, Cathedral 35-1

Discus Throw

- 1 Kara Hopke, Cathedral 109-1
- 2 Mary Wickstrom, Del 105-0

Long Jump

- 1 Kara Bateson, Ann 17-7 *
- 2 Jonell Chapman, Sar 16-5.5
- 3
- 4 Sara Realdson, Payn 16-4

High Jump

- 1 Jodi Swenson, C-I 5-6
- 2 Cheryl Peter, W-M 5-3

* Ties Meet Record

** New Meet Record

Notes: